



## Tipperary Together Newsletter | 2023 | Issue No. 12

Welcome to the latest edition of our newly formulated newsletter '**Tipperary Together**'. The '**Tipperary Together**' newsletter will issue at the end of each month and will be a broader community focused newsletter showcasing supports and content of interest to community based groups and individuals.

### **This issue includes information on:**

- **Address Chief Executive & Cathaoirleach TCC**
- **Christmas Jumper Day TCC**
- **Tipperary PPN News**
- **Climate Action News**
- **Bernardos**
- **Tipperary Sports Partnership News**
- **Shop Local**
- **Firesafety for the Holidays**
- **Adult Literacy**
- **TFI Information**
- **Arts & Heritage News**
- **JAM Cards**

If you would like to provide content to the next issue of this newsletter or add your organisation as a group that receives this on a mailing list please email: [tipperarytogether@tipperarycoco.ie](mailto:tipperarytogether@tipperarycoco.ie)

**Deadline for next issue content: 19th January 2024**

### **Contact Us:**

**Phone:** 0818 06 5000

**Email:** [tipperarytogether@tipperarycoco.ie](mailto:tipperarytogether@tipperarycoco.ie)

**Facebook:** <https://www.facebook.com/tipperarycc>

**Twitter:** <https://twitter.com/tipperarycoco>



The Elected Members and staff of Tipperary County Council have continued to work together to respond to the ever-changing situation to maintain the level of services provided to the citizens and communities of Tipperary.

2023 has been a challenging and busy year for the Community staff based in the Economic, Community and Rural Development Directorate of Tipperary County Council. There has been extensive planning around the Local Development Strategy (LDS), SICAP, Age Friendly, Healthy Communities, Local Economic Community Plan (LECP) and the Tipperary Migrant Integration Strategy which was launched in 2023. The Community staff in this Directorate have worked closely with the Ukrainian Response Team in our Housing Directorate and have been successful on a number of grant applications to support and improve facilities for the communities of County Tipperary.

None of this is possible without the continued support, dedication and hard work of individuals and groups within our communities and our interagency partners, who along with the support of the Tipperary Public Participation Network (PPN) and Tipperary Volunteer Centre, continue to ensure that a strong community spirit is upheld in County Tipperary.

We have seen much positive community change during 2023 and we would like to acknowledge the trojan work carried out by the people of Tipperary who continue to engage to support communities by taking part in various community activities, attending public consultations and working on the ground.

We would also like to express our thanks to the commitment and professionalism of the staff of Tipperary County Council who work with our communities and we look forward to working closely with you all, along with our vibrant Tipperary communities, again in 2024.

***Wishing you all a happy and peaceful Christmas***

*To all our 'Tipperary Together'  
readers and contributors*



*The team at 'Tipperary Together'  
would like to wish you all a very  
happy and peaceful Christmas and  
a happy and healthy year ahead in  
2024*

# LOOK FOR LOCAL IN TIPPERARY IT WORKS FOR EVERYONE



## LOOK FOR LOCAL IN TIPPERARY THIS CHRISTMAS AND NEW YEAR



**By supporting local companies, you're also supporting jobs in local communities too.**

In Tipperary, you can **#LookForLocal** here:  
<https://shop.localtipperary.ie/>

An initiative of Tipperary County Council, you can browse Tipperary-based businesses trading online on this website.

Search by category or by your nearest town and remember - ordering from these companies will support the local economy!



# CHRISTMAS JUMPER DAY AT TCC







## *Have a Safe and Happy Christmas from All at Tipperary Fire & Rescue Service*

**On the 1st day of Christmas** - Make sure you test your smoke alarm

**On the 2nd day of Christmas** - Check your Christmas tree lights, make sure they conform to a British Standard. In addition, check you have the correct fuse. Always switch them off and unplug them when you go to bed or leave the house.

**On the 3rd day of Christmas** - Never leave candles burning whilst unattended

**On the 4th day of Christmas** - Make sure you, your family and any guests that may be staying are aware of what they need to do in the event of a fire. Make a fire escape plan.

**On the 5th day of Christmas** - Never overload electrical sockets

**On the 6th day of Christmas** - Never leave cooking unattended

**On the 7th day of Christmas** – Decorations can burn easily- don't attach them to lights or heaters

**On the 8th day of Christmas** - Make sure that candles and cigarettes are properly extinguished before you go to bed.

**On the 9th day of Christmas** - Never place candles or any other naked flame near a Christmas tree. As your tree begins to dry out it becomes highly flammable.

**On the 10th day of Christmas** - Keep matches and lighters well away from children.

**On the 11th day of Christmas** – Take time to check on elderly relatives and friends this Christmas-make sure they are Fire Safe.

**On the 12th day of Christmas** - Celebrate Christmas and New Year safely. The risk of accidents, especially in the kitchen, is greater after alcohol is consumed.







## Draft Tipperary County Council Climate Action Plan

SETTING THE SCENE  
FOR GOING GREEN

- The Draft Tipperary County Council Climate Action Plan (LACAP) was published in September 2023
- There were drop in events held in 5 libraries through out the county.
- A number of stakeholder meeting where held including a presentation to Comhairle Na nÓg in Thurles
- The 6 week consultation closed on the 6<sup>th</sup> of November
- The Climate Action Office is now considering the submissions received
- The Chief Executive Report will recommend amendments to the Draft LACAP
- The amended LACAP will be brought to the February 2024 County Council meeting for adoption.
- The work of implementing the plan will begin in 2024.

TIPPERARY CLIMATE ACTION WEBSITE  
[www.tipperarycoco.ie/climateaction](http://www.tipperarycoco.ie/climateaction)

CLIMATE ACTION OFFICE  
[climateaction@tipperarycoco.ie](mailto:climateaction@tipperarycoco.ie)

COMMUNITY CLIMATE ACTION FUND  
[communityfund@tipperarycoco.ie](mailto:communityfund@tipperarycoco.ie)

OR CALL 081 806 5000

ENVIRONMENT AND CLIMATE ACTION



Marie O'Donnell (Community Climate Action Officer) and Clare Lee (Climate Action Coordinator) in Tipperary Town Library



## Clonmel Town Bus



**Everyone get on board**  
Three new bus routes running seven days a week in Clonmel.

NEW ROUTES

€1.35  
when you  
use your  
TFI Leap Card.

CL1: Poppyfield Retail Park - Western Road - O'Connell Street - Davis Road - Crann Ard  
CL2: Ard Gaoithe Business Park - Cashel Road - Heywood Road - O'Connell Street - Davis Road - Crann Ard  
CL9: Ard Gaoithe Business Park - Cashel Road - Poppyfield Retail Park - Western Road - O'Connell Street - Davis Road - Crann Ard

TFI TRANSPORT FOR IRELAND

TFI local link

There are 3 **New Public Transport Routes in Clonmel CL1, CL2 & CL9.**

- Buses every 30 minutes between Queen Street and Crann Ard
- CL9 will operate from 6am to 11:25pm linking to onward travel to Kilkenny, Dublin City and Airport

**CL1 connects the Poppyfields Retail Park with Crann Ard via the town centre**

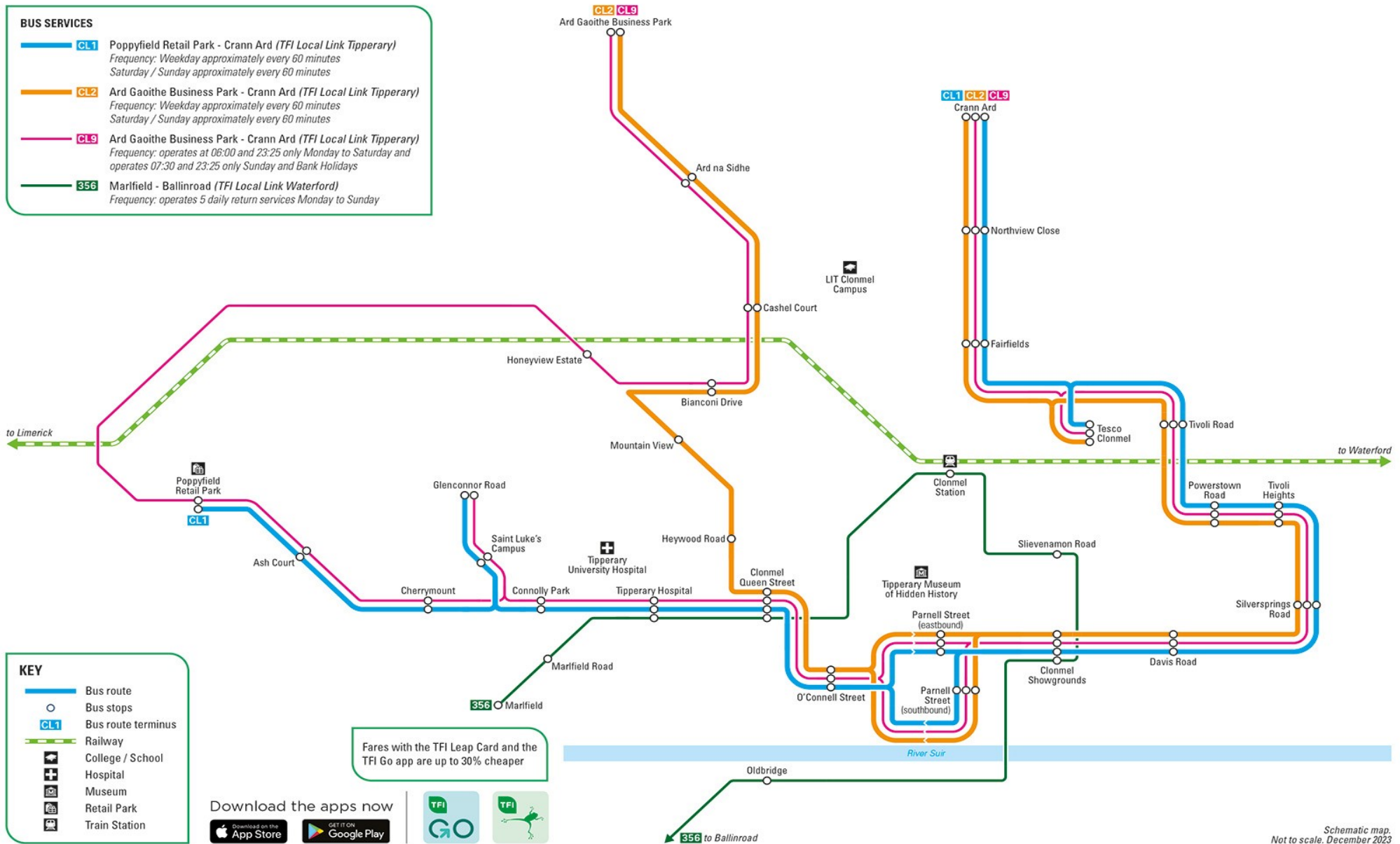
**CL2 connects Ard Gaoithe Business Park with Crann Ard via Haywood Road**

**CL9 connects Ard Gaoithe Business Park with Crann Ard via Honeyview and the Poppyfields**

## Clonmel Town Bus services

### BUS SERVICES

-  **CL1** Poppyfield Retail Park - Crann Ard (TFI Local Link Tipperary)  
Frequency: Weekday approximately every 60 minutes  
Saturday / Sunday approximately every 60 minutes
-  **CL2** Ard Gaoithe Business Park - Crann Ard (TFI Local Link Tipperary)  
Frequency: Weekday approximately every 60 minutes  
Saturday / Sunday approximately every 60 minutes
-  **CL9** Ard Gaoithe Business Park - Crann Ard (TFI Local Link Tipperary)  
Frequency: operates at 06:00 and 23:25 only Monday to Saturday and operates 07:30 and 23:25 only Sunday and Bank Holidays
-  **356** Marfield - Ballinroad (TFI Local Link Waterford)  
Frequency: operates 5 daily return services Monday to Sunday



### KEY

-  Bus route
-  Bus stops
-  Bus route terminus
-  Railway
-  College / School
-  Hospital
-  Museum
-  Retail Park
-  Train Station

Fares with the TFI Leap Card and the TFI Go app are up to 30% cheaper

Download the apps now

## Community Climate Action Fund

### Introduction

Tipperary County Council has appointed a Community Climate Action Officer whose role it will be to help local communities do their part to help Ireland transition to carbon-neutral status. The role will also involve helping community groups apply for a share in the competitive Community Climate Action Fund in which €700,000 fund has been allocated to Tipperary County Council. The Community Climate Action Programme is funded by the Department of Environment, Climate and Communications.

### Why the Community Climate Action Fund Exists

Ireland is aiming to become a climate neutral economy and resilient society by 2050. In line with EU ambition, Ireland has committed to achieve an average 7% per annum reduction in overall greenhouse gas emissions from 2021 to 2023. Becoming a climate resilient society will help us to cope with the impacts of a changing climate.

### Who can Apply

Community Groups; must be a not for profit organisation, must be located in the operational area of Tipperary County Council and must be registered with the PPN.

### The Three Tiers of Funding

*No match funding required (100% funded)*

Small Scale Projects – €20,000 or less

Medium Scale Projects – between €21,000 to €50,000

Large Scale Projects – between €51,000 to €100,000

## Community Climate Action Fund

### The Five Themes of the Scheme

- Energy
- Travel
- Food and Waste
- Shopping and Recycling
- Local Climate and Environment Action

**Please note:** all community groups must contact Marie O'Donnell, Community Climate Action Officer/phone 0818 06 5000 or 087 7812475 to discuss their application before submission. Please also note that the application must be made via email [communityfund@tipperarycoco.ie](mailto:communityfund@tipperarycoco.ie)

*Applications open 6<sup>th</sup> December, 2023 – Closing Date 27<sup>th</sup> February, 2024*

***Expression of interest form and full details are available at [www.tipperarycoco.ie](http://www.tipperarycoco.ie)***





**The Tipperary PPN Thank you for your Support and  
Wishes You All Peace, Joy and Fun Over the Christmas and New Year Holidays!**



We are very excited about our work in 2024. We are re-registering all our community groups to ensure they are still active and to hear what needs they have to continue to grow. The local elections in June will give us an opportunity to go out and create in-person opportunities for the PPN groups to meet the candidates to see who they can vote for in their municipal district. Our Vision for Community Wellbeing is being reviewed and updated by our members, again in the municipal districts to fully reflect what all the groups see as priorities for healthy communities.

This all means that we will be meeting our member groups numerous times and have opportunities to link with and support them more in all the good work they do!

See you in 2024!

Please contact Ruth on 087 4567111 or email her on [coordinator@ppntipperary.ie](mailto:coordinator@ppntipperary.ie) to find out more about the PPN voice and how to be part of the PPN community.



Adult Literacy for Life works on the premise that **'Literacy changes lives'**. This phrase is recurrent from adults who have taken the step to learn to fill out forms, use their smartphone, write their Christmas cards, read to their kids, and so on.

Adult Literacy for Life aims to build an Ireland where every adult has the necessary language, literacy, numeracy and digital skills to fully engage in society and reach their potential.

This cannot be done by one organisation or community alone. It works best when done in collaboration. On 11 December 2023, Tipperary had its first Regional Adult Literacy Coalition meeting. This Coalition is a space for existing activity to be recognised, harnessed and shared, as well as a space for exploring and supporting new collaborations and partnerships.



Tipperary (like other areas around Ireland) has a Regional Literacy Coordinator who works in partnership with stakeholders in the community to support and signpost. Please reach out to Ester to find out more, or to be part of what we do.

Contact: Ester Mackey: [emackey@tipperaryetb.ie](mailto:emackey@tipperaryetb.ie) 087-062 6937



## **Barnardos new Adult Service-The Boarded Out Practical Supports Service**

In July 2023, Barnardos launched a new, free national service for adults, [the Boarded Out Practical Support Service for Adults](#). The service was established to provide support to people who were boarded out as children prior to the introduction of the 1991 Child Care Act. Boarded out /fostered /farmed out /nursed out are terms used to describe a system of care for children that existed in Ireland from the early 1900's up until the introduction of the childcare act in 1991.

Many children born in mother and baby institutions, county homes and private nursing homes to unmarried mothers were nursed out as infants by the authorities to families other than their own. Children were also boarded out from families where there was poverty or illness or a parent had died. Children in industrial schools were also boarded out to farms and homes around the country.

For some children, being boarded out/ fostered was a positive experience, unfortunately, other children had more traumatic experiences. Natalie Johnson, Project Coordinator for the Boarded Out Practical Support Service said "For some people, the trauma of early separation from their mothers, and the subsequent experience of abuse, missed educational opportunities, forced labour, and lack of information about their identity and reasons for being boarded out can have lifelong consequences because childhood lasts a lifetime".

Barnardos new national service offers a wide range of practical supports to people who were boarded out. The practical supports include; support to access early life records, support to access health community and social services, support with isolation and loneliness, assistance in filling out forms and grant applications, advocacy, information and signposting, referral to Barnardos therapeutic supports.





## Barnardos new Adult Service-The Boarded Out Practical Supports Service

One of the gentlemen the service is currently supporting is Noel\*.

82-year-old Noel was boarded out to a farming family in rural Ireland when he was a child. Noel never knew his birth family. Although he was looked after by the family he was placed with, he was regularly kept home from school to work long hours on the farm. After years of struggling at school, Noel left when he was just 13 with very poor literacy skills. He continued to work unpaid on the farm until he was 16 and then left for England to try to make a new life for himself.

60 years later, Noel contacted Barnardos Boarded Out Practical Support Service, as he needed help filling out forms to access his birth information. Carol, a Community Support Worker from the service, visited Noel in his home and assisted him to complete the forms and understand the birth history information he received.

During his meetings with Carol, Noel confided that he struggled to cook his meals, complete household chores due to mobility issues and that he felt isolated living alone. Carol contacted the local primary care team and advocated for a home care package for Noel. She also arranged for Meals on Wheels to be delivered daily. Carol's visits helped Noel to feel less alone, but she also put him in touch with the local Family Resource Centre so he can access local groups. Noel now has a social outlet where he is connected to his community.

The **Boarded Out Practical Supports Service** is open to anyone regardless of how long they were boarded out, whether the boarding out was a formal or informal arrangement or whether the experience was positive or negative. The service is free and confidential and can be contacted in the following ways: Barnardos' centres: **DUBLIN:** Christchurch Square, Dublin 8 D08 DT63 and 23/24 Buckingham Street Lower, Dublin 1. Tel: (01) 813 4100 **CORK:** Blackmore House, Meade Street, Cork. Tel: (021) 203 8005 **GALWAY:** The Sanctuary, 27 Chois Chlair, Claregalway. Tel: (091) 454489. E-mail- [birthhistory@barnardos.ie](mailto:birthhistory@barnardos.ie)

The Boarded Out Practical Support Service is funded by DCEDIY dormant accounts.



The National Transport Authority along with Bus Éireann, Dublin Bus, Go-Ahead Ireland, Iarnród Éireann, Luas and Local Link are JAM Card friendly. The Jam Card will assist customers using the public transport system and make their experience as stress-free as possible. **JAM Card allows people with a communication barrier tell others they need 'Just A Minute' discreetly and easily.**



The JAM Card© was created by NOW Group, a social enterprise that supports people with learning difficulties and autism into jobs with a future and their service users told them that they would like a way to relay to people that they need a little extra time or patience.

Find out more about NOW Group at [www.nowgroup.org](http://www.nowgroup.org) and JAM Card© at [www.jamcard.org](http://www.jamcard.org).

You can visit our **Transport for Ireland** website which lists all the Transport Operators bus and rail stations and depots that you can pick up a free JAM Card.

<https://www.transportforireland.ie/jam-card/>

A great day of fun and friendly competition was had recently in Nenagh when 4 Boccia groups came together to put their Boccia skills to the test. Massive thanks to Nenagh Olympic Club, Nenagh Hockey Club, Ballinacloagh I.C.A., and C.O.P.D. Nenagh for coming on board to take part in our programme. Thanks to Nenagh Eire Og and C.O.P.D. Nenagh for hosting this event.

**"The Healthy Ireland Fund supported by the Department of Health".**



*Participants enjoying our recent Boccia Meet Up.*

If you are looking for a New Years Resolution Why not join your local Park Run this Saturday and every Saturday morning at 9.30am. In Tipperary there are 5 Parkruns at the following locations Borrisokane Town Park, Clonmel, Fethard Town Park, Knockanacree Woods, and Templemore Park. Parkrun is an inclusive, non-competitive, and enjoyable experience that can have a positive impact on your physical and mental wellbeing. If you haven't previously done a park run register on <https://www.parkrun.ie/register/>

The HER Moves programme 2023 with the transition year girls from St. Ailbes, Tipperary Town completed with a fantastic day at the National Gymnastics Centre, Sports Ireland Campus. The girls explored over a dozen sports during nineteen action-packed sessions throughout the year including badminton, dance, capoeira, basketball. What a fantastic way to wrap up 2023 – a year filled with fun, friendship, and fitness! Cheers to this incredible group of strong, inspiring young women!

**Tipperary Sports Partnership** is delighted to be facilitating a workshop on **Mastering Midlife for Women.**

This workshop will be discussing the areas of Menopause, Exercise and Nutrition.

This 4-hour workshop is taking place in two venues;  
The Anner Hotel, Thurles on January 13<sup>th</sup> from 9am to 1pm

The Carraig Hotel, Carrick on Suir on March 2<sup>nd</sup> from 9am to 1pm.

This workshop costs €20 plus booking fee.

Booking and further information is available through this link <https://bit.ly/3Rs7ATZ>

# Community Services

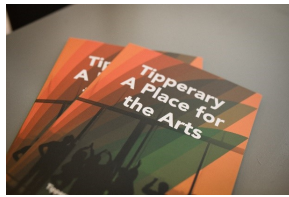
## Tipperary Arts Office information

To stay up to date on what's going on in Tipperary's Artistic Communities, check out the latest Newsletter below

<https://www.tipperarycoco.ie/arts-and-culture/arts-information-and-advice>

If you would like to be part of our mailing list please send an email with "Subscribe" in the subject line to: [artsoffice@tipperarycoco.ie](mailto:artsoffice@tipperarycoco.ie)  
Follow us on Social Media at: Facebook: <https://www.facebook.com/tipperaryartsoffice/>

**Twitter:** @Tipperaryarts      **Instagram:** @tipperaryartsoffice



## Tipperary Heritage Office information

You will find the latest Tipperary Heritage Office Newsletter below, which contains information on current opportunities and events.

<https://www.tipperarycoco.ie/heritage-and-conservation/heritage-information-and-advice>

If you would like to be part of our mailing list please send an email with "Subscribe" in the subject line to: [heritage@tipperarycoco.ie](mailto:heritage@tipperarycoco.ie)  
Follow us on Facebook and Instagram: Tipperary Heritage Office.



Bank Vole, Image Credit: Kevin Collins



**Did you know Tipperary Local Link runs a door-to-door (DRT) service from:**

**Newtown to Nenagh every Thursday**

**Rathcabbín to Birr every Friday**

**Templetuohy to Thurles every Friday**

**Clonakenny to Templemore every Saturday**

**Kilcommon to Dolla every Friday**

**Cloughjordan to Birr every Friday**

**Kilcommon to Borris every Friday**

If you or anyone you know would like to avail of this service please buzz  052-6166140 or

See: [www.LocallinkTipperary.ie](http://www.LocallinkTipperary.ie) for more information.

**HOP ON A LOCAL LINK BUS AND RE-CONNECT!**



# Contact Numbers & Helplines

## Stop Smoking Services

### Clonmel:

**Contact:** Angela Radley O'Donovan

**Phone:** 052 6177058

**Email:** [angela.radley@hse.ie](mailto:angela.radley@hse.ie)

### Clonmel Resource Centre:

**Contact:** Geraldine Moloney

**Phone:** 087 1880690

**E-mail:** [SouthEastStopSmokingSupport@hse.ie](mailto:SouthEastStopSmokingSupport@hse.ie)

### Nenagh & Thurles:

**Contact:** Stacey Cahill

**Phone:** 065 6865841

**Email:** [linda.nolan7@hse.ie](mailto:linda.nolan7@hse.ie)

### Cahir & Carrick-on-Suir:

**Contact:** Colm O'Connor

**Phone:** 087-7526429

**Email:** [SouthEastStopSmokingSupport@hse.ie](mailto:SouthEastStopSmokingSupport@hse.ie)

### Tipperary Town:

**Contact:** Aoife Dunphy

**Phone:** 087 1819538

**Email:** [SouthEastStopSmokingSupport@hse.ie](mailto:SouthEastStopSmokingSupport@hse.ie)

**Contact directly for more information**



Tipperary Volunteer Centre is a registered charity that provides a free service for organisations that involve volunteers and individuals currently or wishing to volunteer. If you have a question about volunteering in Tipperary, we are here to assist you. We can advise you on all aspects of your volunteer programme, from volunteer recruitment/retention and training to governance-related issues and Garda Vetting.

Check out our website for all the details. [www.tipperaryvolunteercentre.ie](http://www.tipperaryvolunteercentre.ie) Alternatively you can call us on 06264775 or email [info@volunteertipperary.ie](mailto:info@volunteertipperary.ie)

**ALONE** setup a dedicated Coronavirus helpline for Older People **0818 222 024**, if you have any concerns or queries about COVID 19 call ALONE's dedicated support. line 8am



Visit [www.events.whatsonintipp.ie](http://www.events.whatsonintipp.ie) to register your community event or to see what events are happening.

"Tipperary PPN website [www.ppntipperary.ie](http://www.ppntipperary.ie) is the host for the community resources for Tipperary Together for Tipperary.

As part of the Tipperary Together Campaign we have setup a Tipperary Community [YouTube Channel](#) showcasing videos and content produced in Tipperary.



We are open for appointments, drop-in's & phone calls - contact your local Centre for details

### Call Tipperary Citizens Information

Clonmel:	0818 07 6460
Nenagh:	0818 07 6470
Roscrea:	0818 07 6480
Thurles:	0818 07 6510
Tipperary Town	0818 07 6540

National Phone Service: 0818 07 4000  
Or visit [citizensinformation.ie](http://citizensinformation.ie)

A SOURCE YOU CAN TRUST

 citizensinfo  citizensinformation

  
Citizens  
Information

Funded & Supported by the Citizens Information Board

You are not alone, help is at hand.



Centre for the prevention of Suicide and Self-Harm. Bereavement counselling for people bereaved by Suicide. **061 484444**  
Crisis: **1800 247 247** (24 HRS A DAY)  
Bereavement: **085 8568081**



text about it

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