



Tipperary Together Newsletter | 2023 | Issue No. 4

Welcome to the latest edition of our newly formulated newsletter '**Tipperary Together**'. The '**Tipperary Together**' newsletter will issue at the end of each month and will be a broader community focused newsletter showcasing supports and content of interest to community based groups and individuals.

This issue includes information on:

- **LAMA Awards**
- **Dementia News**
- **Local Link**
- **Sports Partnership News**
- **Statutory Leave**
- **EU Debate**
- **Knockanrawley News**
- **Positive Parenting**
- **ETB Courses**
- **Community Services**
- **Women in Politics Seminar**
- **Healthy Food Made Easy**
- **PPN Spring Plenary**
- **Biodiversity Competition**

If you would like to provide content to the next issue of this newsletter or add your organisation as a group that receives this on a mailing list please email: tipperarytogether@tipperarycoco.ie

Deadline for next issue content 19th May 2023

Contact Us:

Phone: 0818 06 5000

Email: custmomerservices@tipperarycoco.ie

Facebook: <https://www.facebook.com/tipperarycc>

Twitter: <https://twitter.com/tipperarycoco>

HOTEL MINELLA HOLDS LAMA COMMUNITY & COUNCIL AWARDS



Chief Executive, Joe MacGrath, along with Council and staff members and award recipients at the recent LAMA awards held in Hotel Minella, Clonmel.



Hotel Minella in Clonmel was the venue on Saturday night for the 2023 Local Authority Members Association (LAMA) Community & Council Awards sponsored by IPB Insurance.

The Suir Blueway emerged as winner of the Best Trail in Ireland, Tipperary town resident Jean Nelson was nominated in the Community Volunteer of the Year (Pictured left with her award) and Joe MacGrath, Chief Executive of Tipperary County Council was chosen as the recipient for the Lifetime Achievement Award.

The awards highlight the work done within local communities as well as acknowledge achievements by County Councils, partnerships and projects across Ireland.

The Suir Blueway includes opportunities to walk, cycle or kayak between Carrick on Suir and Cahir.

The award was accepted by Tipperary County Council, Carrick on Suir MD and Clonmel Borough Council.

The pathways were widened last year and additional signage installed. The project offers outdoor activity while linking heritage locations along the route.

Cllr Micheal Anglim, Tipperary Cahir Cashel Councillor and Chairperson of LAMA requested that the award ceremony be moved out of Dublin on alternate years leading to this years "trip to tipp".



DEBATE

Celebrating the 50th Anniversary of Ireland joining the E.U.

Our Membership of the EU is our greatest protection from the challenges we face today.

TUESDAY 9TH MAY 2023 | 8 PM
HORSE AND JOCKEY HOTEL THURLES, CO. TIPPERARY

FINGER FOOD AND REFRESHMENTS INCLUDED
FREE ENTRY | BOOKING REQUIRED | WWW.EVENTBRITE.IE



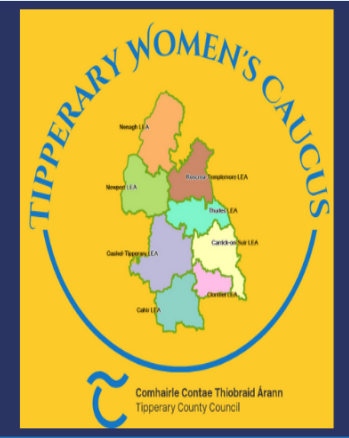
SAVE THE DATE

THURS 18TH
MAY

🕒 10AM-2PM

TIPPERARY
WOMEN & LOCAL
POLITICS

In collaboration with **SHE**
See Her Elected



SEMINAR

THURLES
The Source Arts Centre





3 DAY BARISTA TRAINING AT TIPPERARY ETB, ARCHERSTOWN, THURLES ON 6TH -8TH MARCH 2023

5 of this year's KITE group successfully completed a 3 day Barista Coffee Training Course last week. Well done to all and thanks to Seamus of TRADE Coffee, Waterford for amazing training and Caroline Meagher of Tipp ETB for amazing hospitality





Dementia: Understand Together launch new dementia inclusive community symbol

We're proud to be part of the Dementia: Understand Together campaign and supporting the launch of the new dementia inclusive community symbol.

The symbol has been developed with people with dementia at its heart. By displaying the symbol in our communities, it's hoped that organisations and services will help to raise awareness for dementia and also show solidarity with more than 64,000 people living with the condition in Ireland.

We will be joining 40 partners, ranging from voluntary and community groups, health services and academia to retail, transport and financial services and over 500 community champions nationally to take action to help support people with dementia, their families and friends.

As well as displaying and using the symbol on shop fronts, windows, websites, newsletters and on social media, partners and champions are encouraged to take part in dementia awareness training. Staff and volunteers will explore how simple actions can make a real difference to making their services and businesses more accessible, not just to people living with dementia, but to everybody living in our diverse communities.

By understanding together, we can all make a difference and help people in our communities to stay connected and included. If you'd like to join the campaign, you can find out more, complete training and order promotional materials at www.understandtogether.ie/get-involved



The Rosemary Cafe



A Social Gathering for People Living with Dementia & Their Carers



Officially launched by Tipperary Manager Liam Cahill



**4th April
11:30-1pm**



1st Tuesday of each month

Welcoming People with Dementia, Alzheimers, Cognitive Issues, Carer, Former Carers

**Millennium Family Resource Centre Glengoole
E41AO65**

From 11:30-1p.m.

**Tea, Coffee & Cake will be provided
Guest speaker also in attendance**

**For more information contact
Alice Teehan 052-9157992**



HEALTHY FOOD MADE EASY

Healthy Food Made Easy is a fun course where you will learn to cook healthy meals on a budget

The course is usually run over 6 sessions (2 and a half hours). The emphasis throughout the course is on group learning and talking rather than formal teaching.

- Prepare, cook and taste healthy recipes
- Get tips on food shopping
- Plan meals on a budget
- Learn about healthy eating
- Relaxed and fun approach
- For all ages and abilities



HEALTHY FOOD MADE EASY

Further details:



Wednesday Morning for 6 Weeks!!

Date: May 10th - June 14th
Time: 9:30am - 12pm
Venue: Knockanrawley Resource Centre

Please Contact:
Helen Buckley
PFSP
Parent and Family Support Programme
062 52688
helenbuckleykrc@gmail.com



Did you know Tipperary Local Link runs a door-to-door (DRT) service from:

Newtown to Nenagh every Thursday

Rathcabbín to Birr every Friday


Templetuohy to Thurles every Friday

Clonakenny to Templemore every Saturday

Kilcommon to Dolla every Friday

Cloughjordan to Birr every Friday

Kilcommon to Borris every Friday

If you or anyone you know would like to avail of this service please buzz  052-6166140 or

See: www.LocallinkTipperary.ie for more information.

HOP ON A LOCAL LINK BUS AND RE-CONNECT!



Triple P – Positive Parenting Programme

Triple P is a positive parenting programme that is a flexible, practical way to develop skills, strategies, and confidence to handle any parenting situation.

Triple P is run in a small group setting and parents can attend one or multiple sessions.

From Friday May 5th/12th/19th/26th Group Sessions
Followed by 4 individual follow up phone calls.
10:00 am – 12:30 pm in Knockanrawley Resource Centre
 In Collaboration with Barnardo's Clonmel

Further details

Please contact: Helen Buckley Family Support Programme
Tel: 062 52688
E-mail: helenbuckleykrc@gmail.com





Tipperary PPN all County Group Spring Get-Together was a Success! We Really Did Strengthen Our Voices Together!



From L-R: Olivia Darcy & Jessica Gray (Comhairle na n-Óg), Niamh ni Chillin (PPN Secretariat), Kuldeep Joshi (PPN Secretariat), Angela Sheehan & Margo Hayes (Tipperary County Council)

Our Spring Plenary meeting was at Rosegreen Community Hall on a beautiful sunny evening but the crowds still came. It is always a lovely venue with great community spirit. The sandwiches were delicious too!

We called the Plenary '**Let's Strengthen Our Voices Together!**'.

To entertain us, whilst we visited the interesting and varied community stalls that were set up, networked with each other and enjoyed the finger food offered, we had the talented Cahir Men's Shed, playing their wonderful music. The 10 men then adjourned to the hall kitchen and helped to consume some of the food on offer!

The guest inputs informed us about strengthening the youth voice in the PPN, developing your voice around diversity creatively and how to ensure the community voice influences local policy making effectively.

To round the evening off, we had a raffle with especially handmade local crafts as the prizes.

Please contact Ruth on 087 4567111 or email her on coordinator@ppntipperary.ie to find out more about the PPN voice and how to be part of the PPN community.

2023 Funding Opportunities for Sports Clubs & Organisations

TSP are delighted to announce two funding streams to develop sport and increase physical activity in Tipperary:

Scheme 1 - Coaching and Development Fund
Scheme 2 - Return to Sport Fund.

Check out <http://www.tipperarysports.ie> for further information, criteria and application forms. The closing date for receipt of applications under both funding schemes is Wednesday 10th May, 2023 at 4pm.

TSP were delighted to host a Golf4All Come and Try Day in Thurles recently in conjunction with Golf Ireland and Thurles Golf Club. It was fantastic to see such a great turn out and the talent on display. All participants got an opportunity to test their skills in putting, chipping and driving under the watchful eye of Thurles Golf Club Professional Ray Ryan. Special guest on the day was Darragh Stakelum, who gave us a demonstration and master-class in Blind Golf. We wish Darragh the best of luck in his upcoming tournaments representing Ireland. TSP would like to thank Golf Ireland, Thurles Golf Club and our fantastic volunteers on the day for making the event such a success.



A great turn out for Golf4All Come & Try Day.

Bike Week takes place from 13th - 21st of May, 2023. Tipperary Sports Partnership are running a number of Cycle Together Challenges to encourage everyone young and old to be part of the fun. Check out www.tipperarysports.ie for further details or any of our social media platforms. Let's get Tipperary Cycling.

TSP are facilitating a First Aid for Sports Clubs (REC 1) on Saturday 17th June from 9am to 5pm at the TUS Campus, Thurles. Cost is €30 plus booking fee. Booking is through www.tipperarysports.ie Spaces are Limited.

FULL-TIME DAY COURSES MAY & JUNE 2023

COURSE CODE	COURSE TITLE	START DATE	LOCATION	DURATION (WEEKS)
384506	Auto-CAD	May	Online	8
399807	Digital Marketing	May	Online	6
388475	Emergency Medical Technician	May	Clonmel	10
398894	TIG Welding (for Beginners)	May	Thurles	24
399662	Emergency Medical Technician	May	Templemore	10
389263	Delivery Driver (B Licence)	June	Roscrea	7

It's never too early to start thinking about your plans for September, whether you're a school leaver, getting back to education, looking for a career change or just want to upskill, we have plenty of courses here on offer with Tipperary ETB.

We have several courses commencing in September & October listed below that are also available through the CAO website.

Why choose an ETB Course?

- Fully funded courses - no course fees
- No CAO points required
- Available for Leaving Certificate & mature students
- Provide progression pathway to higher education and/or employment



FULL-TIME DAY COURSES SEPTEMBER 2023

COURSE CODE	COURSE TITLE	START DATE	LOCATION	DURATION (WEEKS)
370229	(CAO) Level 5 Hospitality Operations -	Sept	Thurles	50
388440	EMT (Emergency Medical Technician)	Sept	Nenagh	10
388456	Bookkeeping & Payroll	Sept	Online	9
370269	(CAO) Interactive Web Design (Adobe Specialist)	Sept	Online	26
370276	(CAO) ICT Support Specialist Programme	Sept	Online	52
388489	EMT (Emergency Medical Technician)	Sept	Thurles	10
389223	Pre-Apprenticeship Construction Skills	Sept	Roscrea	31
389231	Pre-Apprenticeship Construction Skills	Sept	Thurles	31
399374	(CAO) Level 5 - Fashion Design	Sept	Thurles	31

FULL-TIME DAY COURSES OCTOBER 2023

COURSE CODE	COURSE TITLE	START DATE	LOCATION	DURATION (WEEKS)
389335	EMT (Emergency Medical Technician)	Oct	Carrick-On-Suir	10
372738	(CAO) Level 5 Medical Administration	Oct	Thurles	52
373064	Digital Marketing	Oct	Online	6
370231	(CAO) Level 6 National Tour Guiding	Oct	Thurles	29
389256	HGV Artic	Oct	Thurles	5
389267	Dry Lining (with NZEB Awareness)	Oct	Tipperary Town	25



EVENING TRAINING MAY 2023

COURSE CODE	COURSE TITLE	START DATE	LOCATION	DURATION (WEEKS)
381229	Floor & Wall Tiling/Painting & Decorating (2 evenings a week)	May	Carrick-on-Suir	11
399545	C1 Licence LGV Ambulance/Light Truck	May	Thurles/Kilkenny	8
399542	Environmental Sustainability Awareness	May	Thurles	10

It's never too early to start thinking about your plans for September, whether you're a school leaver, getting back to education, looking for a career change or just want to upskill, we have plenty of Evening Training Courses available.

Applicants must be a minimum of 18 years to attend Evening Training Courses

EVENING TRAINING COURSES NORTH TIPPERARY SEPTEMBER 2023

COURSE CODE	COURSE TITLE	START DATE	LOCATION	DURATION (WEEKS)
386269	TIG Welding	Sept	Thurles	9
386274	Audio Transcription	Sept	Nenagh	9
386276	Bread, Pastry & Desserts	Sept	Thurles	15
386288	Barbering	Sept	Nenagh	11
TBC	2D Draughting (AutoCAD)	Sept	Thurles	TBC

EVENING TRAINING COURSES SOUTH TIPPERARY SEPTEMBER 2023

COURSE CODE	COURSE TITLE	START DATE	LOCATION	DURATION (WEEKS)
386280	Training Needs Identification & Design	Sept	Clonmel	9
TBC	SCA Barista Foundation Certificates	Sept	Carrick-on-Suir	TBC

EVENING TRAINING COURSES ONLINE SEPTEMBER 2023

COURSE CODE	COURSE TITLE	START DATE	LOCATION	DURATION (WEEKS)
386284	Training Needs Identification & Design	Sept	Online	9
TBC	Environmental Sustainability Awareness	Sept	Online	TBC

For queries relating to courses, please phone: 052 6134333
or email: courses@tipperaryetb.ie



Rialtas na hÉireann
Government of Ireland

SOLAS
learning works



etb
Bord Oideachais agus
Gillíona Tíobraid Árann
Tipperary Education and
Training Board



*For application & further course information on any of our full-time or evening training courses, please use the course codes above on www.fetchcourses.ie



etb
Bord Oideachais agus
Oiliúna Thiobraid Árann
Tipperary Education and
Training Board

Tipperary ETB Skills to Advance Courses for people in Employment

Do you want to learn a new skill and gain a qualification through online learning?

eCollege offer online training courses in business, information technology, graphic design, web design, software development and basic computer literacy. If you are in employment and over 18 years of age you may be eligible to access this training free of charge under the Skills to Advance initiative.

eCollege is a SOLAS-funded online training facility that provides a range of high-quality interactive online learning courses, available anytime through broadband Internet access, for those who wish to learn at their own pace.

Office & IT Courses:	Computer Fundamental Courses:
<ul style="list-style-type: none"> • ICDL • Microsoft Excel • Microsoft Word • Microsoft Access • PowerPoint 2016 • Microsoft Expert Word • Excel 2016 	<ul style="list-style-type: none"> • Database Fundamentals • Networking Fundamentals • Window Security Administrator Fundamentals • Windows Server Administrator Fundamentals • Windows Operating Systems Fundamentals

ETB COURSES

CompTIA Courses:	Introduction to Programming Courses
<ul style="list-style-type: none"> • A+ • Network+ • Security+ 	<ul style="list-style-type: none"> • Using HTML & CSS • Using Python • Using Javascript
Java Courses:	Adobe Courses:
<ul style="list-style-type: none"> • Java Junior Foundations • Java Associate Developer SE8 • Java Professional Developer SE8 	<ul style="list-style-type: none"> • Adobe Dreamweaver • Adobe In Design • Adobe Photoshop
Other Courses:	
<ul style="list-style-type: none"> • Software Testing - ISTQB Certified Tester • Cisco • Prince2 • Oracle Certified Associate 	

To apply, log on to www.fetchcourses.ie and enter the following code - 398506 -
Free Online Courses for Employees - Skills to Advance eCollege

For queries relating to courses, please phone: 052 6134333 or
email: courses@tipperaryetb.ie



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etb
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Tipperary Education and Training Board



Community Projects Planning For Climate & Biodiversity Competition

The Community Projects Planning for Climate & Biodiversity competition aims to stimulate communities/groups to identify and commence the development of projects suitable for funding under these programmes, by them creating a community plan to be ready to apply for these funding streams.

This competition, for the best community project plan for climate & biodiversity, is aimed at all PPN-registered local development associations, residents' associations and Tidy Towns groups across all Municipal Districts in County Tipperary.

The PPN-registered group submitting the winning entry will receive €1,000 prize!

WHO IS ELIGIBLE TO ENTER?

This competition for the best community project plan is aimed at all PPN-registered local development associations, residents' associations and Tidy Towns groups across all Municipal Districts in County Tipperary. Each Tidy Town Group OR resident's association OR local development association may submit one application only although joint applications are welcome and will receive additional marks. Joint applicants will share the prize.

HOW TO ENTER

Firstly, identify an appropriate habitat-related project in your community. (Some ideas are set out in Appendix A of the application form below). Then, prepare an outline development plan for the community project, so that you can answer all the questions on the Application Form at Appendix B.

The winning entry will be the one which, in the opinion of the judges, is the most innovative plan, is likely to have the most significant community and environmental impacts, and which gives the best overall responses to the questions on the application form.

Application deadline is Friday 12th May 2023.

You can submit your entry by email to Sean O' Farrell at ofarrejf@tcd.ie OR by post to: Sean O'Farrell, Cloncannon Biofarm, Moneygall, Roscrea, County Tipperary, E53 AE27.

Please click on this link for further details: [Competition Information & Application Form](#)

As in all employment law matters in Ireland, your entitlements to Annual Leave, Sick Leave and Bank Holidays are set out in your contract of employment and legislation, mainly The Organisation of Working Time Act 1997.

Annual Leave

All employees, whether they are full or part-time, accrue annual leave from the day they start working. This means that they are entitled to take holidays and to be paid while they are on holiday. A person's annual leave should be calculated by whichever of the following methods provides the greater entitlement-though it is capped at a maximum of 4 weeks.

either 8% of the hours worked in a leave year,

or 1/3 of a working week where the employee works at least 117 hours in a calendar month

4 weeks where at least 1365 hours have been worked in the leave year.

Your employer decides when annual leave may be taken, but this is subject to a number of conditions including family responsibilities as well as the available opportunities for rest and recreation. Annual leave must be taken during the year in which it is accrued or within 6 months of the start of the following year.

Public Holidays

There are 10 public holidays in Ireland each year. Most employees have an entitlement to one of the following benefits, which is determined by their employer, *either a paid day off on that day, or an additional day of annual leave, or an additional day's pay.*

Full-time workers, from the day they start working, are entitled to one of the above-mentioned benefits for public holidays that fall on days that they normally work or normally do not work, for example, Saturdays and Sundays.

*Information Officer Declan Kennedy wants to point out that for part time employees who **don't normally work** on a certain day but it's a public holiday, should get paid one-fifth of their weekly pay. Even if you never work on public holidays, you still get paid a fifth of your weekly pay as compensation for the public holiday. You must have worked for your employer for at least 40 hours in the 5 weeks before the public holiday.*

Sick Leave

Since January 2023, all employees who have completed 13 weeks continuous service with their employer and who have been medically certified as unable to work, are currently entitled to 3 days of employer-paid sick leave in a year. It is paid at 70% of their usual daily earnings, up to a cap of €110 a day.

Force Majeure Leave

According to Darren Ryan Citizens Information Service Development Manager, We get many calls from employees who are worried about their job, where they have a family crisis and need to leave work urgently.

Darren explains that by law, you are entitled to take up to 3 days force majeure leave in any 12-month period, or 5 days in a 36-month period. You are entitled to be paid while you are on statutory force majeure leave. If your employer allows you to take additional force majeure leave, you should check if it is paid for.

For details on all statutory leave entitlements including the above please visit our website www.citizensinformation.ie

Information Officers in our [Citizens Information Centres](#) throughout County Tipperary are available to answer any queries you may have about entitlements to statutory leave, or any related questions. We are available from Monday to Friday, our centres are assisting clients with a drop in service, face to face appointments, by phone and email. We have offices in Clonmel, Nenagh, Roscrea, Thurles and Tipperary Town or visit our website, www.citizensinformation.ie which is packed full of useful information.

STAR
WEAVING
WORKSHOPS



AMBER WOMENS REFUGE

*One Million Stars
to End Violence*
IRELAND

Monday March 20th
Tuesday 18th April
Tuesday 16th May
Thursday 8th June
Tuesday 4th July
AT BUTLER GALLERY

THESE MINDFULNESS-BASED WORKSHOPS
ARE FREE & OPEN TO ALL
BOOKING ESSENTIAL

TO BOOK YOUR PLACE ON ONE OR MORE
OF THESE WORKSHOPS

EMAIL: research@amberwomensrefuge.ie

To find out more about Ambers One Million Stars Project visit www.onemillionstarsireland.ie

FOR SEWERS, STITCHERS, MAKERS, DESIGNERS



Clonmel Applefest
Food, Heritage, Nature
21-24 September 2023
www.clonmelapplefest.ie



register
now by
email or
text: 086
8225054

CALLOUT for Feast of Flags project



Clonmel
Applefest

Starting in early May

Skills you will learn:

- how to use a sewing machine
- introduction to various stitches
- how to use fabric efficiently
- Using contrasting colours as a design feature
- The art of good composition & design
- Highlighting in pen and paint
- Solid structuring and finishing



funding
festivals



Comhairle Contae Thír na nÓg
Tipperary County Council

etb
East Tipperary
Education and
Training Board

Design and sew colourful flags to celebrate apples, harvest and all things natural around Clonmel.



We are looking for expression of interest from stitchers, makers & sewers to make Bespoke flags for the Festival;

more info on
www.clonmelapplefest.ie
or email:
registerapplefest@gmail.com

SOUTH TIPPERARY AUTISM SUPPORT GROUP



A Registered Charity – CHY 14847

PUBLIC MEETING

BEING HELD TOWARDS POSSIBLY
ESTABLISHING A SUPPORT GROUP
WITH A FOCUS ON ADULTS WHO
EXPERIENCE AN AUTISTIC SPECTRUM
DISORDER DIAGNOSIS.

DO YOU HAVE AN ADULT IN YOUR FAMILY OR
CIRCLE OF FRIENDS WITH AUTISM?

WE NEED YOUR INPUT IN ESTABLISHING A
NEW SUPPORT GROUP FOR ADULTS WITH
AUTISM .

PLEASE COME ALONG TO OUR FIRST MEETING

CLONMEL RESOURCE CENTRE, E91P2N5
TUESDAY, 16 MAY

7.00 PM-8.30PM

RSPV to
info@southtippautism.ie

THE SOUTH TIPPERARY AUTISM
SUPPORT GROUP IS FACILITATING THIS
FIRST EXPLORATORY MEETING.

Tipperary Arts Office information

To stay up to date on what's going on in Tipperary's Artistic Communities, check out the latest Newsletter below
<https://www.tipperarycoco.ie/arts-and-culture/arts-publications>

If you would like to be part of our mailing list please send an email with "Subscribe" in the subject line to: artsoffice@tipperarycoco.ie
Follow us on Social Media at: Facebook: <https://www.facebook.com/tipperaryartsoffice/>
Twitter: @Tipperaryarts Instagram: @tipperaryartsoffice



Tipperary Heritage Office information.

You will find the latest Tipperary Heritage Office Newsletter below, which contains information on current opportunities and events.
<https://www.tipperarycoco.ie/heritage-and-conservation/heritage-information-and-advice>

If you would like to be part of our mailing list please send an email with "Subscribe" in the subject line to: heritage@tipperarycoco.ie
Follow us on Facebook and Instagram: Tipperary Heritage Office.



Goldfinch on Knapweed

Contact Numbers & Helplines

Stop Smoking Services

Clonmel:

Contact: Angela Radley O'Donovan

Phone: 052 6177058

Email: angela.radley@hse.ie

Clonmel Resource Centre:

Contact: Geraldine Moloney

Phone: 087 1880690

E-mail: SouthEastStopSmokingSupport@hse.ie

Nenagh & Thurles:

Contact: Stacey Cahill

Phone: 065 6865841

Email: linda.nolan7@hse.ie

Cahir & Carrick-on-Suir:

Contact: Colm O'Connor

Phone: 087-7526429

Email: SouthEastStopSmokingSupport@hse.ie

Tipperary Town:

Contact: Aoife Dunphy

Phone: 087 1819538

Email: SouthEastStopSmokingSupport@hse.ie

Contact directly for more information



Tipperary Volunteer Centre is a registered charity that provides a free service for organisations that involve volunteers and individuals currently or wishing to volunteer. If you have a question about volunteering in Tipperary, we are here to assist you. We can advise you on all aspects of your volunteer programme, from volunteer recruitment/retention and training to governance-related issues and Garda Vetting.

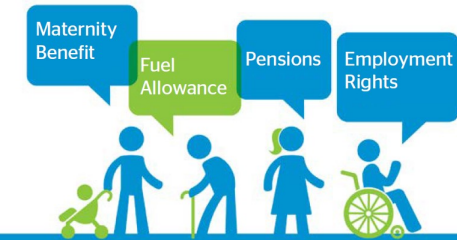
Check out our website for all the details. www.tipperaryvolunteercentre.ie Alternatively you can call us on 06264775 or email info@volunteertipperary.ie

ALONE setup a dedicated Coronavirus helpline for Older People **0818 222 024**, if you have any concerns or queries about COVID 19 call ALONE's dedicated support line 8am to



Tipperary PPN website www.ppntipperary.ie is the host for the community resources for Tipperary Together for Tipperary.

As part of the Tipperary Together Campaign we have setup a Tipperary Community [YouTube Channel](#) showcasing videos and content produced in Tipperary.



We are open for appointments, drop-in's & phone calls - contact your local Centre for details

Call Tipperary Citizens Information

Clonmel:	0818 07 6460
Nenagh:	0818 07 6470
Roscrea:	0818 07 6480
Thurles:	0818 07 6510
Tipperary Town:	0818 07 6540

National Phone Service: 0818 07 4000
Or visit citizensinformation.ie

A SOURCE YOU CAN TRUST

[citizensinfo](#) [citizensinformation](#)



Funded & Supported by the Citizens Information Board

You are not alone, help is at hand.



Visit www.events.whatsonintipp.ie to register your community event or to see what events are happening.